

**Commonwealth**Bank



**2010 COMMONWEALTH BANK  
QUEENSLAND  
SHORT COURSE  
CHAMPIONSHIPS**

**PROGRAM OF EVENTS**

**BRISBANE AQUATIC CENTRE  
28 - 29 AUGUST 2010**

# 2010 COMMONWEALTH BANK QUEENSLAND SHORT COURSE CHAMPIONSHIPS

28<sup>TH</sup> - 29<sup>TH</sup> AUGUST 2010

- VENUE:** Brisbane Aquatic Centre, Cnr Old Cleveland & Tilley Roads, Chandler
- MEET:** The Meet is open to SQ registered swimmers, members of Clubs affiliated with other State Associations and international swimmers who meet clearance criteria.
- AGE:** Age group of competitors for the Meet is the age as at the first day of competition (ie. 28<sup>th</sup> August 2010). Athletes cannot swim 'up' an age in individual events.
- RULES:** All Swimming Queensland General Rules and Championship By-Laws apply.
- PHOTOS:** In nominating for this Championship, swimmers agree that they may be photographed by Swimming Queensland's approved photographer, that the images may be displayed for viewing and purchasing on site during the Championship and on the photographer's secure website after the Championship, and that they may also be used by Swimming Queensland in its publications and on its website.
- ENTRIES:** The Nominations Officer for affiliated clubs, Institute of Sport and International Teams must forward **all** entries from their members. Entries **will not** be accepted from individual members.

**Interstate** members must obtain a **clearance** from their respective State Association in order to submit entries.

**International** swimmers training with clubs in Australia must be nominated under their country name not the Australian club name. Current International **clearances** must be obtained.

The **ONLY events** where times from non-qualifying meets, including club nights and club championships, may be used are for **all 10 year old events** and the **100 IM event** for all age groups.

Qualifying times for **all other events** must have been swum at a qualifying meet between 1 January 2009 and the nominations closing date ie 16 August 2010.

Long course times that meet the qualifying standard will be accepted; however, they must not be converted.

Entries with no times or NT will not be accepted.

**Multi-Class** swimmers may nominate for the 15&O 400m Freestyle (events 10 & 71) and in their particular age group for the 100m Individual Medley. Multi-Class swimmers must have achieved the qualifying time attached to these events.

Nominations should be submitted by Clubs via Team Manager or Meet Manager (please ensure the latest version of TM/MM is used). Go to [www.qld.swimming.org.au](http://www.qld.swimming.org.au) for a downloadable program of events for TM/MM.

Attachments to be emailed to **Swimming Queensland, Attention Amy** ([amy.hall@swimming.org.au](mailto:amy.hall@swimming.org.au)) are the TM/MM Entry File, the TM/MM Meet Entries Report (showing proof of time) & the Meet Entry Fees Report (both reports saved as a word doc).

**Note:** Please make sure before submitting TM/MM entries your **correct TM/MM Club code** is used (if unsure of proper club code please contact SQ on 3390 2011) and that the **correct TM/MM Athlete ID** has been built ie, John Smith (ID - SMIJO170993).

The TM/MM Entry Fees Report or official SQ nomination forms must be posted to SQ with correct entry payment **prior to the closing date**.

**Incomplete** SQ nomination forms or TM/MM entries will **NOT** be accepted and will attract an **administration fee** (administration fee is the nomination fee). Please ensure **ALL** details including "PLACE AND DATE QUALIFYING TIME WAS ACHIEVED" are completed.

**Multi-Class** swimmers' classification code should be clearly written on the TM print out or SQ entry forms.

**PENALTIES:** A penalty of \$25 per event will apply if qualifying times are not met at the Championships. (Clubs who can verify that swimmers attained qualifying standards prior to the Championships closing date will receive an exemption.)

**AWARDS:** Places will be awarded on heat time (i.e. **no** finals will be held). Medals will be awarded to age groups as follows: 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17/18yrs, & Open - except for the 400m Freestyle, 200m & 400m IM where medals will be awarded to 12/13yrs, 14yrs, 15yrs, 16yrs, 17/18yrs, & Open. Medals will be awarded in the 1500m Freestyle to age groups as follows: 14yrs, 15yrs, 16yrs, 17/18yrs & Open and in the 800m Freestyle to age groups 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17/18yrs & Open. Medals will not be awarded if qualifying standards are not met.

**ENTRY FEE:** **TM/MM Nominations - \$9.00 (GST inclusive) per event**  
**Paper Nominations - \$10.00 (GST inclusive) per event**

**ENTRIES CLOSE:** **5PM - Monday 16<sup>th</sup> August 2010**

**LATE NOMINATIONS:** Late nominations will be accepted up to ½ an hour prior to the commencement of the first day of the competition - Late entry fee \$50.00/event.

**ENTRIES SHOULD BE FORWARDED TO:** Swimming Queensland  
PO Box 1279  
CAPALABA BC QLD 4157

# 2010 COMMONWEALTH BANK QLD SHORT COURSE CHAMPIONSHIPS

## *FIRST SESSION*

SATURDAY, 28TH AUGUST 2010

CHANDLER POOL, BRISBANE

9.00AM

<i>Event</i>	<i>Age</i>	<i>Gender</i>		<i>Stroke</i>	
1	12/13 yrs	Boys	800	Freestyle	
2	Open	Men	100	Individual Medley	
3	Open	Women	100	Individual Medley	
4	13/14 yrs	Boys	100	Individual Medley	
5	13/14 yrs	Girls	100	Individual Medley	
6	11/12 yrs	Boys	50	Freestyle	
7	11/12 yrs	Girls	50	Freestyle	
8	10 yrs	Boys	50	Butterfly	
9	10 yrs	Girls	50	Butterfly	
10	Open	Men	400	Freestyle	
11	13/14 yrs	Boys	100	Backstroke	
12	13/14 yrs	Girls	100	Backstroke	
13	15/16 yrs	Boys	100	Individual Medley	
14	15/16 yrs	Girls	100	Individual Medley	
15	11/12 yrs	Boys	100	Freestyle	
16	11/12 yrs	Girls	100	Freestyle	
17	10 yrs	Boys	50	Breaststroke	
18	10 yrs	Girls	50	Breaststroke	
19	Open	Men	50	Multi-Class Breaststroke	
20	Open	Women	50	Multi-Class Breaststroke	
21	13/14 yrs	Boys	50	Butterfly	
22	13/14 yrs	Girls	50	Butterfly	
23	Open	Men	50	Freestyle	
24	Open	Women	50	Freestyle	
25	11/12 yrs	Boys	50	Breaststroke	
26	11/12 yrs	Girls	50	Breaststroke	
27	15/16 yrs	Boys	200	Butterfly	
28	15/16 yrs	Girls	200	Butterfly	
29	13/14 yrs	Boys	100	Freestyle	
30	13/14 yrs	Girls	100	Freestyle	
31	10 yrs	Boys	100	Individual Medley	
32	10 yrs	Girls	100	Individual Medley	
33	Open	Men	100	Butterfly	
34	Open	Women	100	Butterfly	
35	Open	Men	50	Multi-Class Freestyle	
36	Open	Women	50	Multi-Class Freestyle	

# 2010 COMMONWEALTH BANK QLD SHORT COURSE CHAMPIONSHIPS

## *SECOND SESSION*

SATURDAY, 28TH AUGUST 2010

CHANDLER POOL, BRISBANE

NOT BEFORE 12.30PM

<i>Event</i>	<i>Age</i>	<i>Gender</i>		<i>Stroke</i>	
37	Open	Men	200	Butterfly	
38	Open	Women	200	Butterfly	
39	Open	Men	50	Multi-Class Butterfly	
40	Open	Women	50	Multi-Class Butterfly	
41	13/14 yrs	Boys	200	Freestyle	
42	13/14 yrs	Girls	200	Freestyle	
43	15/16 yrs	Boys	200	Breaststroke	
44	15/16 yrs	Girls	200	Breaststroke	
45	12-14 yrs	Boys	400	Freestyle	
46	Open	Women	800	Freestyle	
47	15/16 yrs	Boys	100	Backstroke	
48	15/16 yrs	Girls	100	Backstroke	
49	10 yrs	Boys	50	Backstroke	
50	10 yrs	Girls	50	Backstroke	
51	11/12 yrs	Boys	50	Butterfly	
52	11/12 yrs	Girls	50	Butterfly	
53	13/14 yrs	Boys	200	Breaststroke	
54	13/14 yrs	Girls	200	Breaststroke	
55	15/16 yrs	Boys	100	Freestyle	
56	15/16 yrs	Girls	100	Freestyle	
57	Open	Boys	200	Backstroke	
58	Open	Girls	200	Backstroke	
59	13/14 yrs	Boys	100	Butterfly	
60	13/14 yrs	Girls	100	Butterfly	
61	Open	Men	50	Multi-Class Backstroke	
62	Open	Women	50	Multi-Class Backstroke	
63	10 yrs	Boys	50	Freestyle	
64	10 yrs	Girls	50	Freestyle	
65	15/16 yrs	Boys	50	Freestyle	
66	15/16 yrs	Girls	50	Freestyle	
67	13/14 yrs	Boys	50	Breaststroke	
68	13/14 yrs	Girls	50	Breaststroke	
69	Open	Men	100	Backstroke	
70	Open	Women	100	Backstroke	

# 2010 COMMONWEALTH BANK QLD SHORT COURSE CHAMPIONSHIPS

## *THIRD SESSION*

SUNDAY, 29TH AUGUST 2010  
CHANDLER POOL, BRISBANE  
9.00AM

<i>Event</i>	<i>Age</i>	<i>Gender</i>		<i>Stroke</i>	
71	Open	Women	400	Freestyle	
72	Open	Men	50	Breaststroke	
73	Open	Women	50	Breaststroke	
74	11/12 yrs	Boys	50	Backstroke	
75	11/12 yrs	Girls	50	Backstroke	
76	15/16 yrs	Boys	50	Butterfly	
77	15/16 yrs	Girls	50	Butterfly	
78	13/14 yrs	Boys	200	Butterfly	
79	13/14 yrs	Girls	200	Butterfly	
80	Open	Men	200	Breaststroke	
81	Open	Women	200	Breaststroke	
82	12-14 yrs	Girls	400	Freestyle	
83	15/16 yrs	Boys	50	Breaststroke	
84	15/16 yrs	Girls	50	Breaststroke	
85	Open	Men	1500	Freestyle	
86	15/16 yrs	Boys	100	Butterfly	
87	15/16 yrs	Girls	100	Butterfly	
88	Open	Men	200	Freestyle	
89	Open	Women	200	Freestyle	
90	13/14 yrs	Boys	50	Freestyle	
91	13/14 yrs	Girls	50	Freestyle	
92	11/12 yrs	Boys	200	Freestyle	
93	11/12 yrs	Girls	200	Freestyle	
94	12 & Over	Boys	400	Individual Medley	
95	12 & Over	Girls	400	Individual Medley	
96	15/16 yrs	Boys	200	Backstroke	
97	15/16 yrs	Girls	200	Backstroke	
98	11/12 yrs	Boys	100	Backstroke	
99	11/12 yrs	Girls	100	Backstroke	
100	Open	Men	100	Freestyle	
101	Open	Women	100	Freestyle	

# 2010 COMMONWEALTH BANK QLD SHORT COURSE CHAMPIONSHIPS

## *FOURTH SESSION*

SUNDAY, 29TH AUGUST 2010

CHANDLER POOL, BRISBANE

NOT BEFORE 12.30PM

<i>Event</i>	<i>Age</i>	<i>Gender</i>		<i>Stroke</i>	
102	Open	Men	50	Backstroke	
103	Open	Women	50	Backstroke	
104	15/16 yrs	Boys	50	Backstroke	
105	15/16 yrs	Girls	50	Backstroke	
106	13/14 yrs	Boys	50	Backstroke	
107	13/14 yrs	Girls	50	Backstroke	
108	Open	Men	50	Butterfly	
109	Open	Women	50	Butterfly	
110	11/12 yrs	Boys	100	Breaststroke	
111	11/12 yrs	Girls	100	Breaststroke	
112	15/16 yrs	Boys	200	Freestyle	
113	15/16 yrs	Girls	200	Freestyle	
114	13/14 yrs	Boys	200	Backstroke	
115	13/14 yrs	Girls	200	Backstroke	
116	Open	Men	100	Breaststroke	
117	Open	Women	100	Breaststroke	
118	11/12 yrs	Boys	100	Individual Medley	
119	11/12 yrs	Girls	100	Individual Medley	
120	15/16 yrs	Boys	100	Breaststroke	
121	15/16 yrs	Girls	100	Breaststroke	
122	12-14 yrs	Boys	200	Individual Medley	
123	12-14 yrs	Girls	200	Individual Medley	
124	Open	Men	200	Individual Medley	
125	Open	Women	200	Individual Medley	
126	13/14 yrs	Boys	100	Breaststroke	
127	13/14 yrs	Girls	100	Breaststroke	
128	11/12 yrs	Boys	100	Butterfly	
129	11/12 yrs	Girls	100	Butterfly	

## 2010 COMMONWEALTH BANK QUEENSLAND SHORT COURSE CHAMPIONSHIP QUALIFYING TIMES

<b>BOYS</b>	<b>10yrs</b>	<b>11yrs</b>	<b>12yrs</b>	<b>13yrs</b>	<b>14yrs</b>	<b>15yrs/16yrs</b>	<b>17 &amp; Open</b>
50 F/S	36.00	33.50	31.50	29.50	28.00	27.50	26.00
100 F/S		1:14.00	1:09.00	1:04.00	1:01.00	59.00	58.00
200 F/S		2:26.00	2:26.00	2:17.00	2:13.00	2:12.00	2:04.00
400 F/S			4:45.00	4:45.00	4:40.00	4:30.00	4:20.00
800 F/S			10:00.00	10:00.00			
1500 F/S					18:30.00	17:30.00	17:10.00
50 BK	44.00	41.50	38.00	36.50	34.00	33.00	32.00
100 BK		1:25.00	1:20.00	1:15.00	1:14.00	1:12.00	1:09.00
200 BK				2:34.00	2:30.00	2:28.00	2:18.00
50 BR	49.00	47.00	44.00	41.00	38.00	37.00	35.00
100 BR		1:38.00	1:31.00	1:24.00	1:22.00	1:20.00	1:18.00
200 BR				2:58.00	2:56.00	2:51.00	2:40.00
50 FLY	42.00	39.00	35.50	33.50	31.00	30.00	29.00
100 FLY		1:25.00	1:19.00	1:12.00	1:11.00	1:09.00	1:04.00
200 FLY				2:40.00	2:33.00	2:28.00	2:20.00
100 IM	1:30.00	1:24.00	1:17.00	1:13.00	1:09.00	1:08.00	1:06.00
200 IM			2:48.00	2:38.00	2:34.00	2:32.00	2:20.00
400 IM			5:20.00	5:20.00	5:15.00	5:10.00	5:00.00

<b>GIRLS</b>	<b>10yrs</b>	<b>11yrs</b>	<b>12yrs</b>	<b>13yrs</b>	<b>14yrs</b>	<b>15yrs/16yrs</b>	<b>17 &amp; Open</b>
50 F/S	36.00	33.50	32.00	31.00	30.50	30.00	29.00
100 F/S		1:14.00	1:09.00	1:06.00	1:05.00	1:04.00	1:02.00
200 F/S		2:26.00	2:26.00	2:22.00	2:20.00	2:16.00	2:14.00
400 F/S			4:50.00	4:50.00	4:45.00	4:35.00	4:25.00
800 F/S			10:00.00	10:00.00	9:50.00	9:30.00	9:20.00
50 BK	44.00	41.50	39.00	38.00	35.50	35.00	34.00
100 BK		1:25.00	1:21.00	1:18.00	1:16.00	1:15.00	1:14.00
200 BK				2:42.00	2:40.00	2:39.00	2:35.00
50 BR	49.00	47.00	44.00	42.00	40.50	40.00	38.00
100 BR		1:38.00	1:33.00	1:30.00	1:26.00	1:25.00	1:24.00
200 BR				3:05.00	3:00.00	2:57.00	2:56.00
50 FLY	42.00	39.00	36.00	34.50	33.00	32.50	32.00
100 FLY		1:25.00	1:21.00	1:15.00	1:14.00	1:13.00	1:12.00
200 FLY				2:40.00	2:39.00	2:34.00	2:30.00
100 IM	1:30.00	1:24.00	1:17.00	1:15.00	1:14.00	1:13.00	1:12.00
200 IM			2:48.00	2:38.00	2:36.00	2:35.00	2:30.00
400 IM			5:30.00	5:30.00	5:20.00	5:15.00	5:10.00